

# Opening and Mixing Tamiflu® Capsules with Liquids

# If Child Cannot Swallow Capsules

If your doctor prescribes Tamiflu® capsules for your child and your child cannot swallow capsules, the prescribed capsules may be opened, mixed with a thick sweetened liquid, and given that way. A thick sweetened liquid, such as regular or sugar-free chocolate syrup, will mask the flavor of the medicine and can be mixed with the contents of the Tamiflu® capsule. You don't have to use chocolate syrup but thick, sweet liquids work best at covering up the taste of the medicine.

Pour a small amount (about a spoonful) of the thick sweetened liquid into a cup or bowl. Carefully open the Tamiflu® capsule prescribed by your doctor and pour out all of the powder inside the capsule and mix it into the liquid. The exact amount of liquid used doesn't matter. All of the medicine may not dissolve, just be sure it is all well mixed. **The child should consume the liquid mixture entirely.**

## You will need:

- The prescribed Tamiflu® capsule
- A small bowl or cup
- A spoon
- A spoonful of a thick sweetened liquid, such as regular or sugar-free chocolate syrup

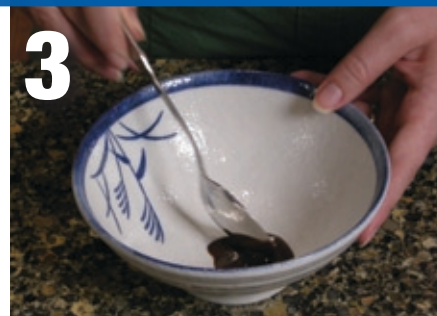
**1** Pour a small amount (about a spoonful) of the thick sweetened liquid into a cup or bowl.



**2** Holding one capsule over the bowl, carefully pull the capsule open and pour the complete contents into the bowl.



**3** Stir the mixture.



**4** Give the entire dose to the child with a spoon.



U.S. DEPARTMENT of HEALTH AND HUMAN SERVICES  
Centers for Disease Control and Prevention



For more information visit [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu) or [www.flu.gov](http://www.flu.gov) or call 800-CDC-INFO.